

A Call to One Another Ministry

Gospel Life in the Body of Christ

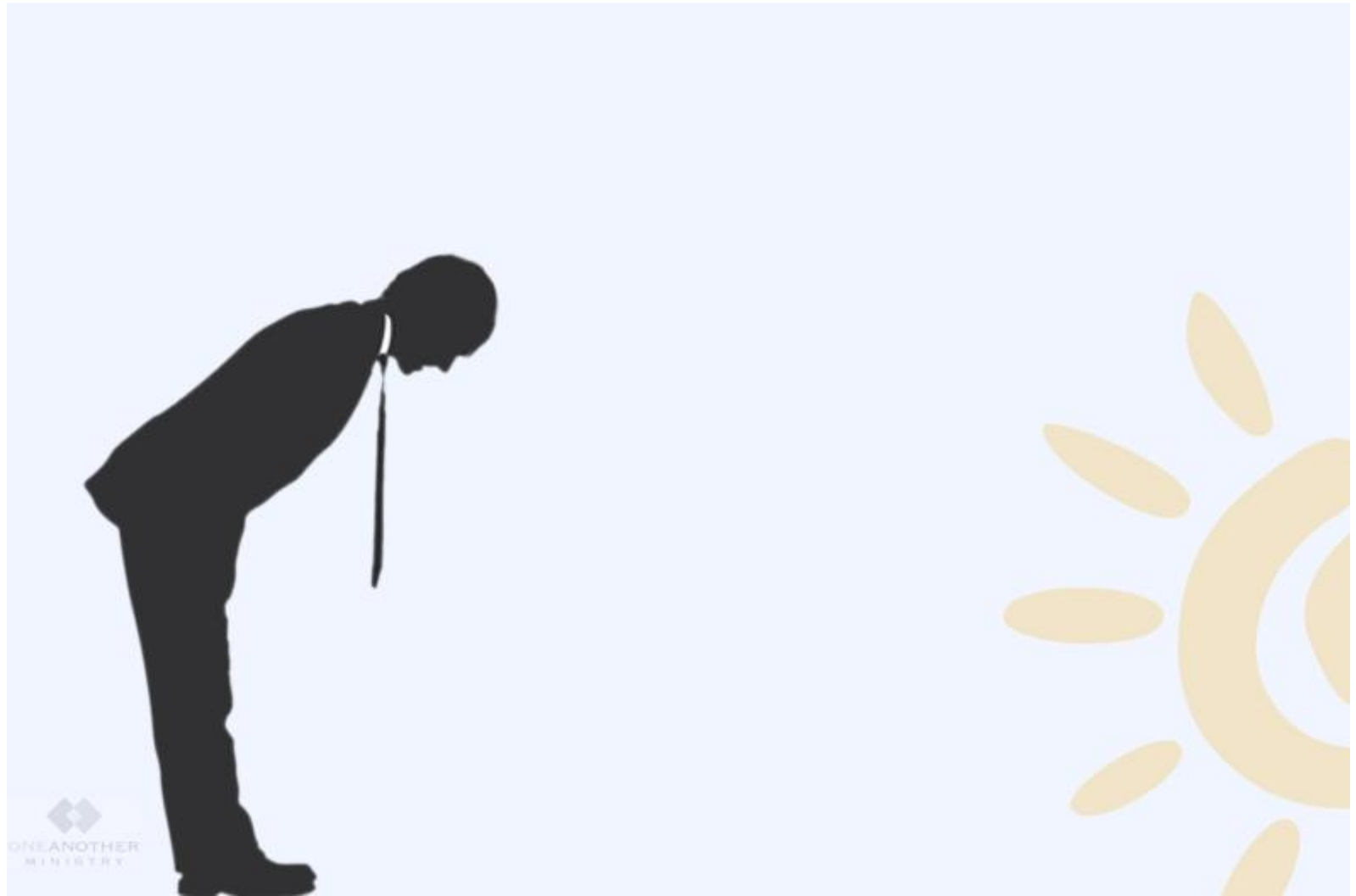
Community Bible Chapel Fall 2014 – Spring 2015



My Journey

- 1970
- 1972
- Hello Jay Adams
- Lots of lay counseling, seminars and books
- 1986
- Influence of Larry Crabb and "Connecting"
- Christian Counseling Associates (CCA)
- Association of Biblical Counselors (ABC)
- Westminster/Redeemer
- Equipped to Counsel (ETC)
- One Another friends
- 2012





A Christian with a tie!



3 Major Counseling Perspectives



We feel exonerated and have no tension, because after all,
isn't

"all truth God's truth"?

Lets take another look at this premise
and see where it leads!

Life in the SON
SR, ZOE

Life under the SUN
GR, Psyche



ONEANOTHER
MINISTRY

"all truth God's truth"



"Our courses emphasize that God is the ultimate source of all truth and that he reveals his divine purpose in scripture.

Students are taught to understand scriptural truth through sound exegesis **and to seek additional truth** through scientific investigation, thoughtful observation, and scholarly research."



	Science/Psychology	General Revelation
Source	From the research of man	From God
Content	Hypothesis and conclusions	Nature, the created world and order, the conscience
Measure	Secular "truth" (as in $2+2=4$) repeatable, observable and validated by men	Divine Truth and authoritative
Purpose	The study of the emotional and behavioral characteristics of an individual, group, or activity	To reveal the nature of God
Extent	Limited and Specific discovered and known only by some people in some places at some times	All inclusive, all humanity; broad in its information about God
Weight	Derived Derived, studied, examined and tested for trustworthiness	Revealed Self Authenticating, non-discoverable "I AM"

God
discloses
himself
under
the
Sun!

Body, Soul and Spirit? —Integrationist

The Person as Three Substances.

The tripartite view of the person was the first seemingly biblical category asked to carry the freight of psychological needs.

In essence, this view states that the whole person consists of three parts or substances: the body, soul, and spirit.

The popular thought is that the physical body has physical needs, the soul has psychological needs, and the spirit has spiritual needs.

Accordingly, the person with physical needs goes to a physician, the person with psychological needs goes to a psychologist, and the person with spiritual needs goes to a pastor. These three categories offer a hand-in-glove fit with the popular definitions of “needs.”

Christian Psychiatry

by Frank Minirth and Walter Byrd

—Integrationist

In defending their support of trichotomy, the authors stated:
“However, we prefer to consider it as separate because of the
Apostle Paul’s statement in 1 Thessalonians 5... and also...

because from a psychological view this division makes sense.

It explains why Christians have emotional problems.”

Christian Psychiatry — Integrationist

by Frank Minirth and Walter Byrd

Biblical Terms

Conscience

Soul

Flesh

Psychoanalytic Terms

Superego (conscience)

ego (logic)

id (drives)



The scriptures....

are our guide, and have the exact body of information we need to both live our lives—post fall, with others, our families but most importantly, they let us know how our God wants us to relate to Him!

seeing that His divine power has granted to us everything pertaining to life and godliness, through the true knowledge of Him who called us by His own glory and excellence.

For by these He has granted to us His precious and magnificent promises, so that by them you may become partakers of the divine nature, having escaped the corruption that is in the world by lust....
2Peter 1:3-5

However, sometimes we don't dwell and meditate on God's word so we over-look it's fuller meanings, sometimes difficult explanations and redemptive purposes that are meant to be the means for our growth, maturity and perseverance as we wait on the Lord.

Jesus answered and said to him, "Are you the teacher of Israel and do not understand these things?" John 3:10

I did not immediately consult with flesh and blood, nor did I go up to Jerusalem to those who were apostles before me; but I went away to Arabia Gal.1:16,17



We need to hold fast and allow the scriptures to define their own terms. We also need to let them guide and direct our lives, especially under the severe pressures of life knowing our Lord is intimately aware of all the tribulations we enter in to.

But, once we become discontent and open the door!

- an over dependence on knowledge found in the natural order- at the expense of Gods design and provision in his word
- we alter our IDENTITY by merging the answers of this present age, to blend better with the scriptures to find contentment. We swap out providence, sin and personal responsibility and work off terms like addiction, health, self esteem, disorders etc.
- Medication becomes a solution, fixing issues NOW as to expected outcomes etc.



Also, it is all too common today, that we constantly super-impose our postmodern culture and baggage onto word usage even though scripture clearly has different meanings and purposes.



Admonish

Competent

One critical error 'Christian and Biblical' Counselors fall in to, comes when not distinguishing sufficiently, the greek and hebrew word meanings in the way the writers intended.

Able

Counsel

What exactly is the purpose of psychotherapy and what is mental health? "George Vaillant defines mental health in terms of adaptation to problems (which he distinguishes from 'adjustment'), and hence he sees forms of mental illness as forms of failure to adapt". Psychologists distinguish between people who are normal and those who are abnormal.

Tana Dineen, although critical of the excesses of the "psychology industry", provides a list from the American Psychological Association (APA) of various "empirically validated treatments, including such approaches as":

- "Behavior therapy for headache, irritable bowel syndrome, female orgasmic dysfunction, male erectile dysfunction, enuresis and encopresis."
- "Cognitive behavior therapy for chronic pain, panic disorders, depression and generalized anxiety."
- "Exposure treatment for post-traumatic stress disorder and phobias."
- "Family treatment programs for schizophrenia."
- "Systematic desensitization for simple phobia." (p. 118)

Christian and Biblical Counseling example:

"I am deeply persuaded that the foundation for people transforming ministry is not sound theology; it is love.

"Without love our theology is a boat without oars"
Instruments in the Redeemer's Hands, p. 117

Paul Tripp



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the·ol·o·gy

/THē'äləjē/ 

the study of the nature of God

noun

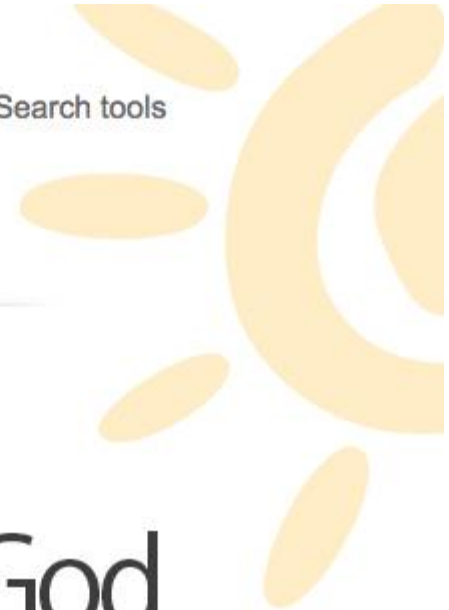
the study of the nature of God and religious belief.

- religious beliefs and theory when systematically developed.

plural noun: theologies

"Augustine assimilated Roman ideals into Christian theology"

greek Theo- **God**, i-logy - "the study of"



The scriptures define themselves!

The one who does not love does not know God, for God is love.

Dear friends, let us love one another, for love comes from God.

Everyone who loves has been born of God and knows God. 1 John 4:7,8

But the goal of our instruction is **love** from a pure heart,
a good conscience and a sincere faith. 1 Tim.1:15

Be diligent to present yourself approved to God
as a workman who does not need to be ashamed,
accurately handling the word of truth. 1 Tim.2:15



So question, is today's Christian and Biblical counseling, and its demonstration and role in the church what God had in mind as an outworking of ROM 15:14? What would Paul say?

Real world examples in the Church today?

- Biblical Counselor- **Abilify** has been instrumental for helping homosexuals deal with same sex attraction.
- Pastor-a father was so afraid from not having assurance of salvation we put him on medication and now he's growing more in grace and sanctification than ever.
- UNT student-fear and worry to the point that a Biblical Counselor recommended medication to help her sleep so she wouldn't have anxiety or fear.
- Grief counseling, why would I go to a pastor, elder or believing friend, I need therapy!



How did all this get started?

Jay Adams-1970
"Competent to Counsel!"

"As far as I am concerned about you, my brothers, I am convinced that you especially are abounding in the highest goodness, richly supplied with perfect knowledge and competent to counsel one another"
~ Romans 15:14 (Williams)



Like many other pastors...

I learned little about counseling in seminary, so I began with virtually no knowledge of what to do. Soon I was in difficulty. Early in my first pastorate, following an evening service, a man lingered after everyone else had left. I chatted with him awkwardly, wondering what he wanted.. He broke into tears, but could not speak.

I simply did not know what to do, I was helpless. He went home that night without unburdening his heart or receiving any genuine help from his pastor. Less than one month later, he died. I now suspect that his doctor had told him of his impending death and that he had come for counsel. But I had failed him.

That night I asked God to help me to become an effective counselor.



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Merriam Webster

Main Entry: **counsel**

Function: **noun**

professional guidance of the individual by utilizing psychological methods especially in collecting case history data, using various techniques of the personal interview, and testing interests and aptitude.

Inflected Form(s): -seled or -selled; -sel·ing or coun·sel·ing

transitive senses : ADVISE <counseled them to avoid rash actions – George Orwell>

intransitive senses : CONSULT <counseled with her husband>

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